

<x Place	Follow Sign x km to place	
↖/↗	Left/Right turn	
	Alternative description	
F/S	Food/Sleep Service, Ica/Coop: Groceries	
RB	Roundabout	
..	Continue	
()	Extra information	MSR 2023 v.221112

KM	NR: _____
0.0	S: Brännlands Wårdshus 19-23:07 till 20-00:07
0.4	<Ume Älvdal
2.1	<2 Sörfors
19.3	<6 Vännäs
20.9	↗ Fröv. ↖ Blomsterv. ↗ E12 Kungstemsv.
21.9	↖ onto E12
23.1	Lycksele 99>
68.7	C: Granö Beckasin 20-01:09 till 20-03:43 F
121.6	🚩 Lappland> 1. exit RB 🚩
121.7	<Lappland 🚩
121.8	C: Lycksele Hotell Lappland 20-02:42 till 20-7:15 F
122.1	..back to RB .. 1. exit Mo i Rana
122.4	..Mo i Rana E12..
178.7	Åskiljeby 2>
179.9	<1 Åskiljeby
193.6	↖ after Strängnäs
197.4	(Coop left 9-18) Storuman 32>
229.3	↖ After QStar
229.5	↗ Järnvägsgatan (ICA 7-21 right)
230.4	↖ Turistinfo. ↗ right to camping
230.6	C: Storuman Camping 20-05:56 till 20-14:27 FS back & .. on Järnvägsgatan
231.1	3. exit in RB ↖ E12 V
294.5	<57 Kittelfjäll
297.6	<54 Kittelfjäll
305.6	Kittelfjäll 46> (gravel till Dikanäs 20 km if mechanical issue 📞 +46 94 016 59 81)
326.1	Kittelfjäll 25> (Coop 9-12,13-18)
351.0	(Handlarn 9-18) <Kittelparken
351.0	C: Kittelfjäll - Fjälltorget (I) 20-09:43 till 20-22:31 FS
351.0	back on main road ...
441.9	Hattfjelldal 8>
449.3	<Trofors
449.7	1. exit RB Sentrum > ↗ <Skulpturlandskap (Coop 9-20)
450.3	↗ Hottelveien
450.6	C: Hattfjelldal Hotell 20-12:55 till 21-05:07 FS Back to 73 (↗ coming back from Hotelveien)
452.6	Bleikvassli 48>
501.0	↖ 806 (↗ 200m Coop 9-19)
523.2	Sentrum >
523.8	↖ on Leirskarveien (left Coop 8-22)
524.0	E6 Mo i Rana>
536.7	<15 Hemnesberget

537.6	Finnejdfjord 0.5>
538.3	<1.4 E6 🚲
539.8	↖ onto E6
545.8	↖ Camping (after Rana kommun)
546.0	C: Mo i Rana - Yttervik Camping 20-16:07 till 21-11:31 FS Back to E6... Follow E6 through Mo i Rana
564.7	2. Exit RB Narvik (REMA 100 6-23 3rd exit 200m) (566 7/11 6-23 right)
573.0	Narvik 🚲 >, next ↖ < 🚲 Narvik
577.1	↗ back to E6
590.5	Nevernes 2>
596.5	Narvik E6>
644.2	C: The Arctic Circle 20-19:27-21-18:53 F
675.8	77 Skellefteå > <Junkerdal 🚲 (not new tunnel)
680.8	↖ Back to 77 (after new tunnel)
724.1	C: Tjaktjaure - Sandvikens Fjällgård 20-22:16 till 22-01:48 FS Back on 95
836.2	↖ after bridge in Arjeplog (Coop 7-20)
836.7	↗ Hornavan Hotell>
836.9	C: Arjeplog Hornavan Hotell 21-02:19 till 22-11:41 FS Back to 95 (↗ back bridge on 95)
838.4	<59 Slagnäs
896.7	↗ after railway crossing on Gammvägen
897.3	↗ right on E45 after stop
927.2	Centrum>
927.7	<Hembygdsgård
927.8	C: Sorsele Hembygdsgård 21-05:34 till 22-19:39 FS
928.2	↗ 🚲 onto Vindelvägen
928.8	↖ ↗ follow 363/E45
955.6	<233 Umeå (950 ICA 10-18) ..363... along Vindelälven
1085.8	C: Åmsele Camping (left) 21-11:26 till 23-08:25 FS back to 363 ... through Vindeln
1150.0	Rödånäs>
1153.3	Vännäsby 21 (↗ after ↖)
1173.3	Vännäsby 1>
1173.9	<Vännäsby 1
1174.4	<Överboda 9 (over bridge)
1189.1	Stornorrfors Kraftverk 2>
1192.1	↗ ... along Ume River to Volvo factory
1201.9	↗ onto cycle path at Volvo factory
1202.6	↖ after cycle path onto road (Bölev.)
1204.1	↖ after traffic light onto Bryggargatan
1204.7	↗ after Old Bridge to Scandic Plaza (under bridge along river, after ↖ up to Fin)
1205.3	F: Scandic plaza 21-15:54 - 23-17:07 F

Use together with GPS map. If unsure double check with official course on RWGPS and GPX files.
Route on RWGPS: ridewithgps.com/routes/41111091
Brevet web site: midnightsunrandonnee.se